



“Savor the Flavor of Thai Food”

AAHARN

<Ar'harn> (n.)
Named after the word for
"food"
in Thai language

AAHARN

The original Thai flavor for
contemporary Thai dining
experience

@ University City

3324 Governor Dr, San Diego,
CA, 92122, USA
(858) 242-6389
www.aaharn.us

HOURS

Mon-Fri 11:00 am- 3:00 pm
4:30 pm - 9:00 pm
Sat 11:00 am- 3:00 pm
4:30 pm - 9:00 pm
Sun 4:00 pm - 9:00 pm

DELIVERY THROUGH

- DOORDASH - UBER EATS
- GRUBHUB - POSTMATE

Spicy Level

NON CURRY

No Spicy
Very Mild 1 or 2 out of 10
Mild 4 or 5 out of 10
Medium 7 or 8 out of 10
Spicy 10 out of 10
Very Spicy Fairly spicy

CURRY

Very Mild 1 or 2 out of 10
Mild 4 or 5 out of 10
Medium 7 or 8 out of 10
Spicy 10 out of 10
Very Spicy Fairly spicy

MENU KEYS

V Vegan
GF Gluten Free
P Contains Peanuts



**Hung Lay Lamb Shank
with Naan bread**

Lamb shank in Massaman Curry with potato,
butternut squash, peanut, onion,
and cherry tomato
served with Naan bread



SOUP

น้ำซุป

Veggie & Tofu Cup \$6 / Pot \$12 Chicken Cup \$6.5 / Pot \$13
Shrimp Cup \$7.5 / Pot \$14 Fish Cup \$8 / Pot \$14.5
Seafood (Shrimp, Fish and Mussel) Cup \$9.5 / \$Pot 16

Galangal Coconut Broth

Thai coconut soup with chili oil, cabbage, galangal, lemongrass, lime leaves and mushroom / GF

Lemongrass Tom Yum Broth

Spicy and sour soup with chili oil, onion, tomato, galangal, lemongrass, lime leaves and mushroom / GF

Wonton Soup \$7

Steamed dumpling wrapped with cabbage and chicken, green onion, celery, and carrots in veggies broth top with cilantro



EXTRA พิเศษ

Vegetable \$2.5 Tofu \$3
Chicken \$3 Beef \$3.5
Shrimp \$4 Fish \$4
Seafood \$5 Salmon \$7.5
Roasted duck \$7.5
Half roasted duck \$17

SIDE

Jasmine \$2 Mixed wild rice \$2.25
Naan Bread \$2 Noodles \$3
Coconut rice \$3.5
Steamed Mixed vegetable \$3
Sauce Small (2oz) \$1 Large (8oz) \$3

APPETIZER טרכוראס



Chicken Satay \$10
Grilled marinated chicken in mixed of Thai spices,
Served with peanut sauce and cucumber sauce / GF P



Classic Fried Chicken Wing \$9.5
Deep fried chicken wings, served with Sweet chili sauce



Chili Gyoza \$9.5
Steamed dumpling wrapped with cabbage and chicken,
served with black sweet soy sauce and chili paste



Cream Cheese Puff \$9
Crispy fried dumpling filled with cream cheese,
water chestnut and scallion served with plum sauce

Edamame \$6.5
Steamed edamame with salt and garlic seasoning / V



Fresh Roll : Tofu \$8.5 / **Shrimp** \$9.5
Fresh rice paper filled with green leaf carrot, basil,
mint, bean sprout, cilantro, homegrown alfalfa and
vermicelli, served with peanut sauce / GF P

Fried Tofu \$8
Deep fried tofu, Served with Hot Tamarind sauce



Gyoza \$8.5
Steamed dumpling wrapped with cabbage and chicken,
bed on shredded cabbage, served with sweet black
soy sauce

Thai Rolls \$8
Golden fried rolls stuffed with vermicelli, black mushroom
and vegetable served with sweet plum sauce



Apple Wood Spare Rib \$10
Rib tips in spicy bbq tamarind sauce Thai style

SALAD ບໍາ, ສລັດ

Larb \$10.5
Ground chicken with green onion red shallot, cilantro, mint,
chili powder, ground roasted rice and lime juice / GF



Papaya Pok Pok (Papaya Salad) \$9
Shredded green papaya mixed with shredded carrot,
green bean, tomato, garlic, peanut and lime juice / GF P



Nuer Nam Tok \$13.5
Grilled marinated beef mix with mint leaves, red shallots,
green onions, roasted rice powder and spicy lime juice
served with iceberg

SPECIAL อาหารพิเศษ



Massaman Lamb Shanks & Naan bread \$26
Lamb shank in Massaman Curry with potato, butternut squash, peanut, onion, and cherry tomato served with Naan bread



Basil Duck \$24
Crispy half roasted duck, onions, bell peppers, carrots, green beans, and baby corns with brown sauce topped with crispy basil



Chili Fish \$19
Crispy fillet fish, peas, carrots, red bell peppers and green onions with spicy Thai chili sauce with extra moist and flavorful / GF



Crying Tiger \$20
Marinated 8oz steak comes with our special spicy lime Thai dressing which combines salty, sweet and sour as well as spicy. Bed with sautéed mixed vegetable



Khao Soi (Curry Noodle)
Choice of: Veggie & Tofu \$13 Chicken \$14 Shrimp \$16
Steak \$21

Northern Thai Style Egg Noodle in light curry soup with shredded cabbage, pickled cabbage, shallots, carrot, lime green onion, and chili oil topped with Crispy egg noodle / V

Sweet Soy Fish \$19
Moist and flavorful steamed fillet fish topped with fresh ginger, celery, bell pepper and ginger soy sauce, on a bed of steamed cabbage. Simple, healthy and delicious! / GF



Lemon & Lime Fish \$19
Steamed fish fillet with mint, cilantro, and garlic lime sauce on a bed of steamed cabbage. / GF



Chicken Biryani Rice \$15
Savory Indian dish that loaded with marinated chicken thigh and aromatic rice, topping with fried shallots and garnish with cucumbers, tomatoes and carrot, served with sweet chili sauce / GF

LUNCH SPECIAL

- Except Holiday - Served Mon-Fri 11am - 3 pm
- Served with house salad and appetizer

Prepared with your choice of: Veggie \$9.25 Tofu \$9.25
Veggie & Tofu \$ 9.25 Chicken \$9.25 Shrimp \$10.25

Red Curry*
Green Curry*
Yellow Curry*
Panang Curry*
Massaman Curry*

Pad Thai
Thai Hot Basil*
Garlic pepper*
Mix Veggies*
Cashew Nut*

* Served with mixed wild rice or jasmine rice

NOODLE, FRIED RICE

ก๋วยเตี๋ยว, ข้าวผัด

Choice of Protein:

Vegetable \$11	Tofu or Veggie & Tofu \$11.5
Chicken Beef or Mock duck \$12.5	Shrimp or Fish \$14.5
Seafood (Shrimp, Fish, and Mussle) \$16.5	Roasted Duck \$19
Salmon \$19.5	

Drunken Noodles

Stir fried flat noodle with onion, bell pepper, and basil in basil sauce

Sweet Soy See Ew

Stir fried flat noodle with cabbage and broccoli in black soy sauce

Pad Thai

Stir fried small rice noodles with egg, bean sprout, green onion, and tamarind sauce, topped with crushed peanut and lime

Spicy Fried Rice

Jasmine rice stir-fried with onion, garlic, egg, carrot, baby corn, green bean, bell pepper and basil

Siamese Fried Rice

Jasmine rice stir-fried with garlic, egg, broccoli, tomato, onion and cucumber



Sen Chan Crab Meat \$17.5

Stir-fried big cut rice noodle with crab meat, egg, onions, bean sprouts, green onion, and topped with cilantro



Scramble Egg Crab Meat Fried Rice \$17.5

Fried rice with crab meat, egg, peas, green onion, carrot, cucumber, lime and cilantro / GF

Phuket Pineapple Fried Rice \$17.5

Southern Thai curry fried rice with pineapple, peas, carrots, chicken, shrimps and egg. Topping with fried shallots and fried vermicelli

DESSERT ขนมหวาน

Banana Fitter \$7

Bua Loy \$5.5 Warm Taro Tapioca with Coconut Milk

Mango Roll \$7

Mango with Sweet Sticky Rice \$6.5

Sweet Sticky Rice \$4.5

Banana Fritter Sundae \$8.5

Mango Rolls Sundae \$8.5

STIR-FRIED อาหารผัด

Served with mixed wild rice or jasmine rice

Choice of Protein:

Vegetable \$11	Tofu or Veggie & Tofu \$11.5
Chicken Beef or Mock duck \$12.5	Shrimp or Fish \$14.5
Seafood (Shrimp, Fish, and Mussle) \$16.5	Roasted Duck \$19
Salmon \$19.5	

Eggplant Basil

Stir-fried garlic, eggplant, onion, and basil with Thai chili paste sauce

Aaharn Cashew Nuts

Stir-fried fresh chili, garlic, onion, bell pepper, dried chili and cashew nut with Thai chili paste sauce

Garlic Pepper

Stir-fried fresh garlic with pepper sauce

Jungle Stir Fried

Stir-fried Thai chili paste with garlic, carrot, zucchini, onion, cabbage, celery, baby corn and Thai basil with Thai basil sauce

Bangkok Mixed Veggies

Stir-fried fresh garlic, green bean, broccoli, carrot, cabbage, baby corn, water chestnut and mushrooms with oyster sauce

Hot Basil

Stir-fried garlic, onion, bell pepper, green bean, carrot and basil with brown sauce

CURRY แกง

Served with mixed wild rice or jasmine rice

Choice of Protein:

Vegetable \$11	Tofu or Veggie & Tofu \$11.5
Chicken Beef or Mock duck \$12.5	Shrimp or Fish \$14.5
Seafood (Shrimp, Fish, and Mussle) \$16.5	Roasted Duck \$19
Salmon \$19.5	

Green Curry Add Mang o or Pineapple \$2

Green curry paste with bamboo shoots, eggplants, basil, lime leaves and red bell pepper in coconut milk / V GF

Red Curry Add Mango or Pineapple \$2

Red curry paste with bamboo shoots, green peas, eggplant, green bell pepper with coconut milk / V GF

Massaman Curry Add Mango or Pineapple \$2

Massaman curry paste with potato, carrot, onion in coconut milk with roasted peanut / V GF P

Panang Curry

Pa-Nang curry paste in rich coconut milk with steamed broccoli and carrot with touch of peanut / V GF P

Yellow Curry

Yellow curry paste with potato, carrot, onion and green onion in coconut milk / V GF

BEVERAGE เครื่องดื่ม

Soda \$2.5 (Can) Coke, Diet Coke or Sprite

Thai Ice Tea \$3.75

Choice of milk: - Half & Half - Coconut milk

Thai Ice Coffee \$3.75

Choice of milk: - Half & Half - Coconut milk

Jasmine Iced Tea \$3.75

Iced Green Tea \$3.75

Mango Iced Tea \$3.75

Voss Still Water \$4

S.pellegrino Sparkling Water \$4

Hot Tea \$2.5 Jasmine, Green tea, Ginger (Sweeten) or Herbal tea